



SCARBOROUGH U3A

Registered Charity No 1101581

The University of the Third Age

Newsletter: Issue 34

Autumn 2016



Scarborough sunrise

Photo by Bernard Wilkins

PLEASE DELIVER TO:

We would like to hear from you,

Please email articles to:

Bernard Wilkins

Email-

info@bmwphotography.co.uk

Or by post to: 105 Castle Rd

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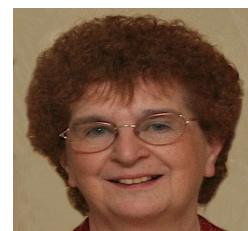
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HELLO TO ALL GROUP LEADERS AND MEMBERS **WE NEED YOUR NEWS!**

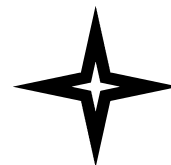
**Your newsletter is published twice a year
in autumn and spring and we would like
to hear from you.**

**Your stories or news from the groups are needed
to ensure the newsletter is interesting and enjoyable for
everyone to read and talk about.**

**This issue is being delivered to all households so please
read it and pass it on to your friends to raise awareness
of the U3A**



***My contact details are on the front cover
I look forward to hearing from you.
B M Wilkins Newsletter editor***



CHAIR'S NOTES

A warm welcome everyone to another academic year and a special welcome to our new members. We also welcome a new Committee member, Hilary Ascott, who has been co-opted as Pastoral Liaison Officer. She introduces herself later in the newsletter.

The new term is up and running smoothly and it is very encouraging when members express their delight at having so many courses to choose from.

As you will see later in this newsletter, the coffee mornings have been a magnificent success once more and, with all the summer fund raising, a grand total of over £474 has been raised. May I say a massive 'well done' to all involved on behalf of the committee.

One of the issues that is regularly discussed at the committee meetings is looking at providing the best for our members whilst keeping an eye on costs. Recently, we have been exploring the value of having weekly Monday morning speakers. The hire of the Friends' Meeting House hall is costly and on average the attendance is around 10% of our membership. This term we have cut costs by hiring the hall for alternate Mondays, offering a coffee morning on the Mondays in between, though this has not been particularly popular judging from some comments we have received, as well as a dip in attendance. Many other U3As hold a monthly Monday morning meeting and report much larger audiences than ours and this is a practice which we are seriously considering. It would be helpful for the committee to know the members' views. Would members prefer to have a monthly speaker and would we encourage more members to attend, if so?

This will be an item for discussion at our next AGM and we hope that you will come forward to express your views.

We are also urgently in need of someone to take up the job of organising our Monday morning speakers, which Dennis Shaw has ably performed for the past year and a half, with David Sutcliffe recently assisting. You would have plenty of support to take over this valuable role, and would not need to become a member of the committee, if you would prefer not to.

We have also been exploring the value of sending information via email to members, including the U3A Newsletter. The latter practice has been met with mixed feelings, and consequently we have decided to send every household a printed, coloured version of our biannual newsletter this year to evaluate whether members believe the extra cost is justified. This will also be an item on our AGM agenda so as to inform future practice. We are grateful to Terry Green, who will once again be organising the kind volunteers who deliver the newsletters by hand, thus saving the cost of postage, which runs into several hundred pounds.

I would like to take this opportunity to express my thanks to our committee who work tirelessly in order to maintain the high standard of Scarborough U3A. I find it a pleasure to work alongside such a dedicated and lively team. Also, without the band of enthusiastic course leaders we are fortunate to have, there would be no U3A, so many thanks to all of you.

Lee Ure

Our website is:

www.scarboroughu3a.co.uk

Your Ideas For New Groups.

We have been very successful over the last year or so in offering new and different groups. Continuing this successful process is essential for our future, ensuring that we appeal to as wide a group of potential members as possible. As part of this process, members were asked to suggest ideas for new groups when renewing their membership. The following ideas were suggested by members:-

Physical activities - Pilates; Tai Chi; Line Dancing; Ballroom Dancing; Croquet for Beginners & Badminton.

Arts and Crafts - Creative Art; Making things from recycled items like buttons, beads, material etc.; Decoupage / Parchment; Weaving, wood/wire/willow: Felt crafting; Calligraphy.

Languages - Spanish Intermediate; Beginners' German/Conversation/Literature; Beginners' French/Basic

Conversation/Grammar; Sign Language; Lip Reading.

Games of Skill - Chess; Backgammon.

History - History of World War 2; Family History; Ancient Gods and Religions, Norse/Celts; Spirituality/World Religions; Brexit Discussion Group. A Local History Group was suggested and has started.

Gardening - advice/planning/sorting problems/looking after flowers, fruit and veg., plant growing/swapping, flower arranging.

Bee Keeping

Furniture/Antiques Restoration

Cookery for events

Steam Locomotives and Railway Interest (not models)

Learning about wine

Aquarobics

Bricklaying.

If you feel able to offer to lead a group on any of these subjects or any other subject please contact me on 01723 353584 or malcolm_maloney@msn.com and we can work out how to take it forward.

Malcolm Maloney, Group Liaison Officer.

New Course History T29

Leader: Jessica Sargent Tel: 863263 Venue: Vernon Road Library

Weekly

Tuesday 10.30-12.30pm

Maximum Number 12

Start: 27th September 2016 Finish: 13th December 2016 Start: 10th January 2017

Finish: 28th March 2017

Description: For all who love History! Content will be driven by the interests of group



New co-opted committee member HILARY ASCOTT introduces herself as our

PASTORAL LIAISON OFFICER

Contact number 01723 862862

I recently joined the committee as the person responsible for pastoral liaison. I assume that if anyone is ill or in difficulties that the leaders of the group/groups that they attend will be in contact with the person concerned.

Please could you also let me know so that I can send a message or card on behalf of the committee

Hilary also wonders: If there is anyone who speaks French fluently and who would be interested in getting together maybe once a month to chat in French, please contact me on the above number.

News From the Groups

The Scarborough U3A classic vehicle discussion group.

The U3A classic vehicle discussion group has remained active throughout the summer and has attended many local vehicle orientated events and some which are further away, such as Donnington Race Track and The Oil Can Café at Holmfirth in the West Riding. Car sharing has been very useful on these occasions. One of our members owns a number of Lanchester saloon cars and one of these is the very first 1939 (aluminium bodied) prototype of the Lanchester L.D.10. which was produced between 1946 and 1949.



The author of a three volume series of books entitled 'The Lanchester Legacy' has already published volumes 1 and 3 and is about to complete volume 2 of the series. This will contain a full chapter on the Lanchester L.D.10.



so the author wanted photographs of the prototype, which is currently out of commission. The owner of the car was worried about taking it out of the garage, because of the steeply sloping floor within, as it would be difficult to get back and would be impossible for one person to do alone.

The group came to the rescue and several members volunteered to move the car, clean it, photograph it and get it back into the garage. Various neighbours also came out to assist with the cleaning, with coffee and biscuits and with pushing. The whole project was completed within one and a half hours, so a

half hour of coffee, biscuit and discussion, time remained after the garage doors had been closed.

A neighbour took a time-lapse video and posted it on Facebook at

<https://www.facebook.com/nsf1969/videos/10157382145910217>.

This time lapse video is amusing to watch, even if you have no interest in motor vehicles

Adrian Hanwell

Retirement of Maggie Payne 22nd March 2016

Carol Watson writes in praise of Maggie

Today was the last session of the 2015-2016 'Movement to Music' group which meets at the Queen Street Methodist Church every Tuesday morning during term times. For it's leader Maggie Payne it was the last session for 29 years. We are all sad that Maggie is retiring, as she has been an inspiration to many over the years.

Following the last class for Maggie we held a lunch at Plaxton Court where members of her present class together with some past members were able to join Maggie in celebrating her magnificent achievement.



Thank you Maggie for all your time and dedication from all your U3A ladies both past and present.

We hope you enjoy a long and happy retirement.

SUMMER ACTIVITIES

We take a look back at some of the things that have been happening throughout the summer. **Some may think that the U3A closes down when the term ends in the early spring but you would be very mistaken!**

COFFEE MORNINGS

We have had a series of 5 very sociable and enjoyable coffee mornings in the homes of our very generous members and a report from Jenny Lythgoe who actually started them off on 25th April is included below.

As well as having a good cup of coffee and a chat to your friends and indeed an opportunity to make new friends, there are often items that have been donated by members available for you to buy.

All proceeds go into the U3A funds which helps to finance our course activities, room hire etc and are very

gratefully accepted by the treasurer, so please continue with your support and look out for the dates for next year.

The photos show members enjoying the occasion and chatting with friends.



2016 Summer Coffee Mornings.



We have had a very good response this year with an overall total of 159 people attending the summer coffee mornings. The entrance fee of £2 raised a total of £318. We have had many generous donations of plants, homemade jams/honey, pickles/preserves, cakes/buns together with magazines and cd/dvds. These items when sold raised £156.10. This has meant we have raised a total of £474.10 for the U3A. 2015 was our first year and we raised a total of £354.

This year we raised an extra £120 which shows how popular the event is becoming. It is amazing what having a bit of a chat, laughter, and good fun and keeping in contact with our friends can do for both ourselves and also U3A funds.

I would particularly like to thank all the members of the U3A Knitting Group and the U3A Card Making Group for generously donating all their hard work for selling at the coffee mornings. What we have not sold this summer will be available for sale at the "Mondays Without Speakers Coffee Mornings" so friendships forged during our Summer Coffee Mornings will continue.

Why not come and volunteer to host a Summer Coffee Morning in your home. You will enjoy the experience. It is lots of fun and Brenda, Joyce, Doreen, Jenny, Sheila and Sue, who ran this year's Summer Coffee mornings, will be there to offer help and support. Brenda makes delicious home-made cakes which always sell quickly; and Joyce is our brilliant cashier and collects all the money, whereas Doreen, Sheila, Sue and Jenny offer their house for the morning. If you are interested please contact Jenny on 01723 379889 or jennylythgoe@btinternet.com

Jenny Lythgoe

SUMMER ACTIVITIES

ART CLASSES

Course leader Sylvia Wiley took her class out in the summer months and sent me a report and some photos of their activities.

In June and July on Monday afternoons 6 artists who attend my regular term time class went out to paint scenes around the Scarborough district. Only one venue was cancelled because of a sea fret. Solid dedication was shown on another occasion when we were settled at Scalby Mills and the rain started but undeterred we continued painting in macs and with umbrellas up and it's a pity we didn't have a photo of that outing!!

The results of our summer lessons were shown at the Scarborough Art Gallery exhibition (as below). An exhibition at the Scarborough Art gallery was displayed from Oct 11th to Nov 5th and featured U3A art and craft groups who were showing examples of their work in the Community Gallery.

We hope U3A members and friends had a chance to visit.



GARDEN VISITS

The garden visits group is an obvious activity for the spring/summer months and this very popular group was enjoyed by the many members who travelled to 10 different sites from April to September.

Our group leadership changed hands this year and my thanks go to Sheila Gendle-Clark, Doreen Gridley and our plant expert Sheila Hawkswell who together with myself organized and executed the visits with enthusiasm but as in many cases the day does not quite go as planned and last minute adjustments have to be made.



The group at Barnville

The team was always aware of problems and thanks to their determination and organizational skills the garden visit season went very well.

We will formulate the visits for 2017 in the early part of next year when the National Gardens Scheme booklet is issued in February.

Please contact me or other members of the team if you would like to join us next year.



A wonderful flower—can anyone identify it?

SUMMER ACTIVITIES

GARDEN VISITS (continued)

Places visited this year:

Barnville, Wilton, a super garden with water features and landscape.

It was here that we were to have refreshments with lovely cakes and scones but unfortunately the garden owner's dogs got there first and licked the cream and fillings.

So it was just a tea or coffee!!

Roger's Nurseries near Pickering.

Ness Hall, a fabulous place and there was a plant fair at which most members purchased something.

Penny Piece Cottages, which were superb and on the same day Sleightholmdale Lodge gave us a view of a remarkable grand garden layout and following that a lovely afternoon tea.

Next up was Whyncrest, Hunmanby and Jackson's Wold both of which were greatly admired and enjoyed by our members.

In August the group had a day at Breezy Knees near York and although the weather was not brilliant it was a lovely place to visit.

Our final visit of the season was to Greenwich Farm, Huggate and later to Manor Farm, Thixendale.

Greenwich was a very special place for all of us as we were welcomed by the owners who explained that the entire garden had been set out and established by them and their family members. It was exceptional to see and realize the work that had gone into the garden. Following our visit there was a wonderful selection of homemade cakes to go with our tea or coffee. A super day out.

As you can see our programme for the season is very varied and if you think you would be interested in joining the group then either contact me or our membership secretary, Sue Petyt and you too will be able to join in the summer activities.

Bernard Wilkins, Newsletter Editor and part leader of the garden group.



The group at our last day visit at Greenwich Farm, Huggate



Greenwich Farm

EVENTS ATTENDED BY THE U3A TO ATTRACT NEW MEMBERS

Downe Arms, 17th March

Dorothy Berry and I attended this event on March 17th and although the many varied stalls looked good (including ours), there were very few people attending.

Maybe this type of venue is not the right one for us to choose as to attend you have to make a definite decision to travel, whereas in town there is always a chance of passing trade.

Bernard Wilkins.



**Dorothy Berry
awaiting potential
members**

Health Matters – A Community Information Event

Scarborough U3A recently had a table at the Health Matters event run by the Patient Participation Group (PPG) for West Ayton and Snainton Surgeries and Derwent Valley BRIDGE Community Library and Resource Centre. The free health information day was held at East Ayton Village Hall on Wednesday July 13th

Quick health checks were on offer from the practice nursing team who were on hand to provide blood pressure, height & weight and blood sugar checks and give general healthy living advice. The practice Pharmacist was also available during the afternoon. Representatives from many organisations were there to chat and offer information and support about health and social care issues. There were stands, displays and talks which gave valuable information about different services, leisure activities and ways of staying healthy. Organisations which took part as well as U3A included Coastcall, Macmillan Cancer Support, Carers Resource, Derwent Valley BRIDGE, Alzheimer's Society, Support for Carers, Sight Savers and "Breath of Fresh Air" & NYMNP Health Walks.

There were also some talks on health related issues that took place throughout the day:

Dementia Friends — an insight into Alzheimer's and Dementia

Carers Resource — The challenges affecting Carers and practical advice

Yorkshire Coast Homes/Coastcall — Maintaining independent living

The event was open to anyone with an interest in caring for their health and staying well.

There was a steady stream of people stopping at the U3A Table for a chat and plenty of leaflets were handed out and some membership forms.

If you are aware of other similar events which U3A could take part in, please pass the information to any committee member.

Sue Petyt

**Photo shows Sue Petyt
and Iain Hale
at our display table**



**New Year's Eve Scottish Dance
For U3A Members, Family and Friends
(Hogmanay 31st December 2016)
@Cober Hill Hotel – Cloughton
8.00pm-12.30am**

Organised by Sue Petyt & Iain Hale

Don't sit at home and watch TV, don't give up and go to bed, come and have fun and welcome 2017 in style!

You are invited to an evening of Scottish Country Dancing, Scottish 'Round the Room' dancing (eg Gay Gordons, St Bernard's Waltz) and quizzes.

Tickets cost £16.00 each and include a buffet supper and as much tea/coffee/squash as you can drink!

There is also an honesty bar so we can toast in the New Year!

Hotel rooms are available if you want to stay overnight
please contact the hotel direct if you want to book a room, mentioning this event 01723 870310

NB Ticket money is not refundable after 30th November 2016 unless the ticket can be re-sold.

□ Name _____

Address _____

Tel: _____ email: _____

Any Dietary Requirements? _____

Total number of tickets @ £16.00 each _____ Total enclosed £ _____

To help us put together a suitable programme please tell us how many of these tickets are for:

Scottish Country Dancers _____

Those prepared to 'have a go' _____

Those who are not dancing at all _____

Please send this form, a cheque made payable to Sue Petyt (and an SAE if you want your tickets by post) to:

Sue Petyt & Iain Hale , 5 Kingfisher Close, Crossgates, Scarborough, YO12 4TZ

Bank Transfers should be made to Sort Code 40-47-86 Account Number 10081531 please use your surname as reference

Calligraphy—New course suggestion

Rev. Mary Jackman gave an excellent presentation of her considerable Calligraphy skills to our Monday morning meeting on 17th October. Those who attended showed great interest in the skills and techniques. Mary has generously offered to provide a Calligraphy course if there is sufficient interest amongst our members. The course would be between 8 and 12 weeks and would start after Easter. The Bridge Club in West Street, Ramshill would be the preferred location as it offers both convenience and good light quality. She is available for most times except Tuesday afternoons.

If you would be interested in attending a Calligraphy course please contact Sue Petyt informing her of the sessions that you would be able to attend. If there is sufficient interest and agreed availability, arrangements will be made for the course to proceed.

Malcolm Maloney

U3A at the Art Gallery

As mentioned in the Prospectus, members of our Art, Photography, Ceramics and Stained Glass Groups displayed their work in the Art Gallery Community Exhibition Space from October 11th until November 5th 2016.

This was a wonderful opportunity for us to display our work, and should make ourselves known to a wider public and encourage others to join us.

With this in mind, we presented publicity material and information on joining U3A. (See photos below)

Malcolm Maloney, Group Liaison Officer



U3A artist groups exhibits and our new 2 metre high banner (available for use by members for displays)



U3A display from art, photography and ceramic groups with publicity material

Stained Glass Crafting –report by Judith Fielding

Under the guidance of Adrian Hanwell, an engineer and experienced stained glass worker we are a small group meeting in St James' Undercroft on alternate Wednesday afternoons, 2pm - 4pm.

The sessions are very much practical ones which involve the need to provide some basic equipment of your own - a glass cutter and soldering iron are the essentials. Other useful items can be acquired later as the need to use them becomes more apparent. Adrian has a good supply of recycled glass, plain usually but sometimes textured or mirrored which we are free to use - thank you Adrian. He also brings with him an extensive range of tools which we can borrow and a glass grinder is available at each session. We can also purchase solder, lead came and copper foil tape from him.

The beginning involves learning to cut glass safely and efficiently then break it into accurate shapes - straight edges are easiest, patience, perseverance, gloves and the odd Elastoplast are essential!

Initially we are taught the 'copper foil' method of stained glass work which involves cutting and shaping the glass pieces then edging them with copper foil tape which, when flux is applied will accept the solder. This gives the capacity to join glass pieces together also give a decorative silvered edge to all sides.



Stained glass work display at the Art Gallery

Last year we touched briefly on more robust stained glass, the sort seen in church windows. This involves the use of lead came instead of copper foil tape. Whilst cutting the glass does not need to be quite as accurate for this method, soldering is definitely more tricky.

This is a lovely friendly group, so far having made small items such as sun catchers, boxes and lamp shades and where we are happy to help each other. (See photo above)

Charity Begins at Home

Scarborough U3A is a charity, Registered Charity No 1101581 and this gives us certain advantages. It means we can claim Gift Aid on subscriptions paid, which helps to keep our subscriptions down.

However it also means there are certain rules we have to follow, and one of them is, that, as a charity ourselves, we cannot raise money for other charities.

I know this seems a bit odd, as we don't really feel as though we are a charity in the same way as OXFAM or the RSPCA, but within the rules laid down by the Charity Commission we are treated the same.

There have been a couple of instances recently where U3A Members have raised money for other charities at U3A events which is why this is being brought to everyone's attention. If an event is organised by U3A (so this includes courses, Monday mornings and summer coffee mornings as well as any other events) then money cannot be collected for any other charity at the event.

This does not of course stop U3A members from organising their own events to raise money for other charities, and publicising them through U3A as that is different from U3A organising the event.

**Tell your friends not to let the U3A experience pass them by!
Have a look at these myths and then see the real facts**

Myth: It's a university so I'll need qualifications

Fact: No qualifications are required or given

Myth: It will be expensive to join

Fact: U3As are low cost as they're run by their members

Myth: You have to be over a certain age to join

Fact: Just free time during the day

Myth: It could be too academic for me

Fact: U3As offer something for everyone

It's a great group to belong to and you'll soon be making lots of new friends

Attention all walkers/hikers. I have an unwanted, new walking pole (free). If anyone is interested please phone me - Joan Rogers Tel 373556

Note from the Editor

The Scarborough U3A Website is at:

www.scarboroughu3a.co.uk

Thank you to all contributors to this newsletter and hopefully we will continue to attract members to share their news with others.

There are plenty of new courses, as well as the established ones, that we would like to hear about and I look forward to hearing from you in the future so that we can all share your news and experiences, with some photographs if possible.

This newsletter is for you so let's make use of it!

You will find details of my email and home address on the front page.

B M Wilkins, U3A Newsletter Editor.