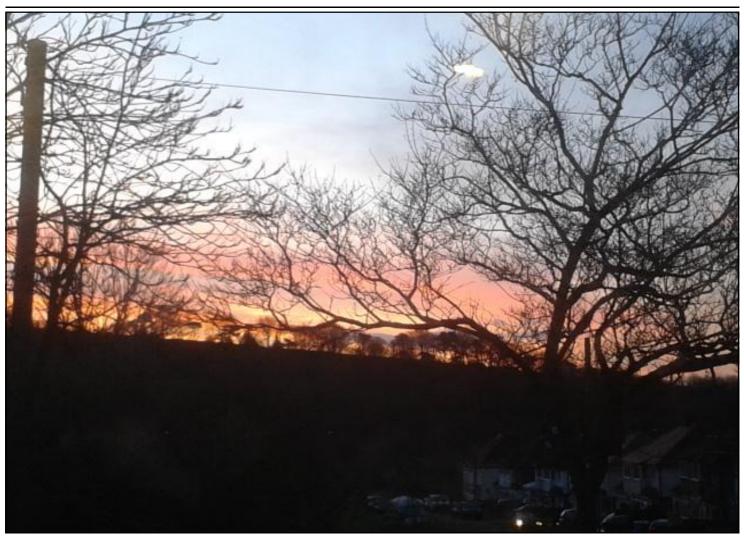


SCARBOROUGH U3A

Registered Charity No 1101581

The University of the Third Age

Newsletter: SPRING 2015 Issue No 31



Dawn over Edge Dell, Scarborough

t is usually quite a challenge to find a picture for the U3A Newsletter front cover, how	wever, this time I
hought I would celebrate some of Scarborough's beauty and include a photograph	taken from our
kitchen window. Perhaps some of our U3A members would like to send photographs	of their favourite
views to be considered for the Newsletter cover.	Lee Ure

We would like to hear from you, especially news from your groups. Please email articles to:
Bernard Wilkins
Fmail- info@bmwphotography.co.uk

<u>COMMITTEE MEMBERS</u> <u>2014-2015</u>

Chair

Hazel Kidd - **3**70293 hazelskidd@uwclub.net

Vice-Chairman
IT & Website Manager
Chris Gray - ☎ 863039
cngray@btinternet.com

Secretary

Marion Cooper - 2866191 marianska@btinternet.com

Treasurer

John Kidd - 2370293 johnk1966@gmail.com

Membership Secretary Terry Green - ☎ 377818 richardg@yorkshire.net

Shadow Membership Secretary

Sue Petyt - **2** 864111 sue@suepetyt.me.uk

Liaison Officer

Malcolm Maloney - 353584 malcolm maloney@msn.com

Monday Speaker Organiser (2015-2016)

Dennis Shaw - **2** 866191 dennis.shaw@live.co.uk

Refreshment Organiser Dorothy Berry - ☎ 374873 dotmar24@btinternet.com

Newsletter Editor Lee Ure - ☎ 375516 leeu3a@yahoo.co.uk



Note from the Editor

Thank you to all contributors to this newsletter, particularly to Andrea Jarmy, who has taken time to write a lovely tribute to a very dear, late member. She has also found the time to send interesting copy and photographs about two of the groups she attends, for inclusion.

There have been some new courses this year and it would be wonderful for members of these groups to give us some feedback, as well as having news from members of established groups for inclusion in future newsletters.

I am now hanging up my editor's hat and wish every good wish to Bernard Wilkins, who will be taking over this role. I hope he enjoys it as much as I have. Remember, the newsletter is your forum to share experiences and promote your group and I am sure that Bernard is looking forward to hearing from you.



Goodbye and Thank You

Having organised Scarborough U3A Membership, classes and bookings for nine years we have decided to pass on our roles to others. During our time we have seen the Membership, and the number of classes available, both double in number. We would like to offer our grateful thanks for all the support our members, and especially our dedicated group leaders, have given us during these years.

Sue Petyt, assisted by Iain Hale, will take over the role of Membership Secretary, and Malcolm Maloney will organise classes and bookings. We wish them well and hope that they enjoy working with you all as much as we have done.

Ann and Terry Green

Chairman's Notes

Scarborough U3A was formed 30 years ago and we felt a celebration was called for; details are enclosed. The Palm Court Hotel provides very comfortable accommodation and the afternoon tea menu has been tried and enjoyed. There will be entertainment to enhance the occasion and we feel a happy and enjoyable time will be had by all. Check out the date with your U3A friends and give yourselves a treat!

I enjoy what Scarborough U3A has to offer so much, and as an illustration I tried two different courses this year, Mapping in Music in David Smart's group and during this Spring term Jim Bantoft has helped me understand the history of earthenware and porcelain. We have a great variety of courses available, mostly run by our own members. However we are always searching for new leaders and courses, see elsewhere in the newsletter. Monday mornings are another pleasure for me, and Elaine Bentley gave us a wonderful mix of speakers and successfully juggled speakers' requirements to swap weeks for various reasons. Thank you Elaine. Dennis Shaw has taken up the challenge of finding 24 people to educate and entertain us on Mondays during 2015/2016.

During this year, four essential roles will have changed hands; Group Liaison Officer, Membership Secretary, Treasurer, and Editor of the Newsletter. Talent spotting by committee members has found people who are willing to undertake the work.

Ann and Terry Green have, over the past nine years, given unstintingly of their time and energy to our U3A which has benefited from their commitment to members and encouragement to course leaders and I feel we owe them a huge debt of gratitude. I wish them a happy summer and continued happy membership of U3A.

John Kidd, our Treasurer, is also ending eight years service, always striving to ensure that our U3A offers our members wonderful value for their subscription and supporting the committee in all decisions. Many thanks to John for his diligent account management and detailed accounts given at the AGM and each committee meeting.

Lee Ure has been the Editor of the Newsletter and member of the committee for five years. We have benefited from her enthusiasm, creativity and contributions on both fronts and thank her profusely.

The notice of our AGM on 13th April is included in this newsletter package, and I encourage members to attend, meet the members entrusted with managing our U3A, and even enjoy free refreshments. Our U3A, your U3A, needs a constant renewal of members giving service on the committee. Would you consider joining us for a year or so to become part of the 'management team'? Please have a word with any of us wherever you meet us.

You will find enclosed details of coffee mornings taking place during the summer. These came about from a suggestion made at the last AGM. Two members have worked together and involved others to create this new initiative. The five summer months without U3A is a long time, and I sincerely hope that a social gap will be partially filled before we begin again in September. I look forward to seeing you!

For personal reasons, I will be relinquishing the role of Chairman of Scarborough U3A, and also leaving the committee. I wasn't reluctant to undertake the role, but I have found it more difficult than I imagined, and Scarborough U3A deserves the best. I thank all the members of the Committee for their support and am certain that we will be in excellent hands in the future.

Hazel Kidd

Thank You

A huge thank you from Dorothy to all those who helped so cheerfully with the refreshments on Monday mornings.

Next year's rota will be available from the first Monday. Sign up soon to get the date you wish!



DON'T LOSE TOUCH THIS SUMMER - COME FOR COFFEE



We have set up a series coffee mornings so friendships and contacts made during the autumn and winter months continue throughout the summer.

It will also give you an opportunity to make new friends. All are welcome - it does not matter if you are not a U3A member. Do come for a chat and sociability.

Join us in our homes and bring a friend

27th April with Jenny 379889 10-12 noon, High Mill Drive, Scarborough, YO12 6RN

1st June with Andrea 353319 10-12 noon, Fenby Gardens, Scarborough, YO12 5LB

29th June with Doreen 365023 10-12 noon, Hackness Road, Scarborough, YO12 5SD

27th July with Ann 353584 for Afternoon Tea 2.30-4.30 pm, Holbeck Ave, Scarborough, YO11 2XQ

24th August with Jenny, 379889 10-12 noon, High Mill Drive, Scarborough YO12 6RN

Donation £2 all receipts will go to help U3A funds.

Please telephone either Jenny or Andrea so we might have some idea of numbers for whom we are catering. If you forget, still come you will be made most welcome.

As this is our first year it will be a measure for how popular this type of self-organised function might be to inform future planning.

Any cakes/buns anyone wishes to make and donate would be greatly appreciated.

For further information call Jenny 379889 or Andrea 353319.

To All Course Leaders

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If you have any expenses to claim, please send them to our Treasurer, John Kidd, by the end of March please.

His address is:

Garden Flat, 37 Esplanade Gardens, Scarborough, YO11 2AW

Email: johnk1966@gmail.com



The late Fred Purbrook - a personal tribute.

7th June, 1922-26th January, 2015

Many U3A members - old and new - will have their special memories of Fred. My first recollection was of seeing him at Malcolm Liddle's Current Affairs Group, held in the large Meeting Room in 2006. First impressions were usually of an old man, stooped over in his chair, apparently almost asleep and unaware of what was really going on. Then suddenly, he would ask a question or make a comment and the impression would immediately change. Who was it who said you can't judge a book by its cover? Every question or comment would show great knowledge, insight and wisdom; not to mention dry humour.

Later, I was to keep meeting him everywhere - and this continued until his very recent death. Once, after a lecture at the Library, he asked - although then, almost a stranger - if he could join me walking home, a couple of miles, as he needed some-one's eyes to help cross the many roads. At the time, like Fred, I was walking using a stick and we must have made an amusing sight as we staggered along, hobbling arm-in arm with him helping to provide extra stability for me as I negotiated steep curbs and me acting as his "eyes" as we crossed the roads safely. A real team effort!

Like other U3A members, I would meet him at Quaker Meetings and again we would walk home together since (I'm sure it gets worse!) crossing Stepney Drive was quite a hazardous task! Without fail, his conversation would be spell-binding whatever the subject; the latest SJT play, a historical event (complete with precise facts) or current world affairs. What a brilliant, factual mind and vivid memories; I could have listened forever!

Fred and I started going for walks together and even visited places like the theatre or the Art Gallery which he enjoyed, even though his physical difficulties limited fullest appreciation. There STILL isn't a lift at the Art Gallery. Despite his near-blindness, he would provide directions from memory to places I had never visited before. I remember especially a walk through Falsgrave Park. I had thought we were lost - but then realised that Fred had guided me from memory by a route to a place that in fact turned out to be just 10 minutes from home. These walks always ended at his place or mine for a cup of tea, or a glass of wine!

Others of you will know that he would let nothing curb his determination to enjoy life to the full, despite his physical limitations; even holidaying abroad with an escort. Did many people know of his recent birthday celebration of going up in a Tiger Moth; just him and the pilot? And when he moved to Plaxton Court, he was a regular attendee at the gym and maintained his interest in the latest I.T. especially anything which would enable him to live life more fully. He was never afraid to ask for help when he needed it, and many of us, I know, were only too glad to give it.

In very recent weeks, he and I were to meet at the Woodend "Tim Tubb's Talks" where staff always reserved a front row seat for him. Again, very recently, we seem to meet entirely by chance. At a recent SJT play, I went alone as usual, as I prefer to go alone, and who should I find next to me in my usual seat but Fred - along with the rest of Liz Stenhouse's U3A Theatre Group.

Dial-a Ride, Woodend Staff and many of us at U3A, I know, felt privileged to help at Monday Morning Meetings keeping a seat for him on the front row for seeing and hearing better, helping him to negotiate his way around the projector and other obstacles or to the gents'. He and others were amused when he got stuck in the disabled toilet at the F.M.H. unable to find the door handle as people called directions to him through the door!

I shall always remember Fred - as many of us will - with affection and respect. Despite acknowledging his physical limitations, it would have been insulting to feel pity or be sorry for him. I shall always particularly remember his indomitable will and spirit; not only to overcome obstacles but ever seek out new challenges.

What memories do YOU have of Fred Purbrook?

News From the Groups

U3A FRIDAY KEEP FIT GROUP

Fridays: 10:00-11:30 Course Leader: Jan Watts

Every Friday a large group of "ladies" (all aged 60 -90 -- but going on 40!) get together for our Keep Fit Group at Wreyfield Church. Leader, Jan Watts, has always made it fun - using her skills from earlier teaching days to provide lighthearted "ice-breakers" to make sure that, at least, we all know each others' names to start with.

The exercises - warm-up to cool-down - are always accompanied by appropriate music from early film scores, jazz to hymn tunes to provide rhythms and help the flow.

Some of us might sit out occasionally if necessary - although most of us manage to do ALL the exercises -- even if if we do have to cling on to a chair to actually get down on to a mat for the floor exercises - and even more so to get up again!

Ability to do the exercises varies enormously but it does not matter! We all do what we can and that's all that matters. The "cool- down" period always comes with a variety of dances - a bit of barn dance, a floral dance or even a dance twirling our silken scarves. (Don't let your imagination stray too far!) Again, it doesn't matter if some (or all) of us get mixed up. It's all part of the fun. And we all feel so VERY much better in body and mind by the end of each session! Thank you, Jan!

Andrea Jarmy



A Celebratory Lunch

THE FRIDAY LUNCH GROUP

Monthly

Course Leader: Andrea Jarmy

Our U3A Friday Lunch Group has about 20 members. It is organised by our leader, Andrea Jarmy, who always makes everyone welcome.

Although, of course, couples are always welcome, personally, I can recommend it to anyone (man or woman) who lives alone - because it is a great way to enjoy a great meal in good, friendly company.

I always look forward to and enjoy our monthly visits to a wide variety of hotels/restaurants around the area.

Why not come and join us?

Vee Naylor



Pictures by Andrea Jarmy



WE NEED YOU!

We have been very fortunate in Scarborough U3A to have a dedicated group of course leaders who have been providing a varied and interesting group of courses. As your Committee, we will continue to support and promote those groups. Inevitably though, some leaders are retiring and some groups have run their course and membership has dwindled.

We need to ensure the future success of our U3A through a process of constant renewal. To achieve this we need members to offer new courses or take over popular courses where the leader is retiring. Providing new courses does not necessarily require a commitment to weekly meetings over two terms. A course may be provided through fortnightly or monthly meetings or just two to six meetings in total. Many activities do not require rooms to be booked in term time and most outdoor activities are best held in the summer. You do not have to be an expert to lead a group and groups may be set up on a self help basis.

We have offers to run groups on cribbage, model making, cruising on a sailing yacht (shore based) and cycling. Talking to members, it is clear that we have a vast range of knowledge and interests. It would be ideal if we were able to offer a range of courses that fully addresses that range of interests.

I should be very keen to talk to any member who is able to offer a course on any of the following:-wine appreciation; whist / canasta; philately; oral history; flower arranging; cake decorating; patchwork and quilting; art; pottery; furniture restoration & upholstery; calligraphy; tai chi; belly dancing; any shared research project; WW1 & WW2 history; any science based project; first aid; music combo / band / group quartet; guitar, piano or other instrument; Spanish basic and improvers; Skype and other technologies; stately home visits; Yorkshire history and architecture; classic cars and motorcycles; ancient history; modern history for example the Fifties decade; cinema / film appreciation and gardening. I am sure that members can think of other groups as well that would enjoyed by our membership.

If you would like to offer a group on any subject I should very much like to hear from you so that we can plan the next steps together and ensure that your needs are addressed.

Malcolm Maloney, Group Liaison 01723 353584 malcolm maloney@msn.com

To ALL GROUP LEADERS

May I respectfully remind you that, before purchasing any equipment for use with your group, you should first consult with Malcolm Maloney, Group Liaison Officer. Malcolm will then contact the Treasurer before granting your request for making the purchase through U3A funds.

Thank you,

Marion Cooper



U3A Online courses are short courses specially designed for older people and available through a partnership between Third Age Trust (the UK national U3A organisation) and the U3A Online Inc. (based in Australia).

For more information log on to:

http://onlinecourses.u3a.org.uk/

Dates for your Diary

Art & Craft Exhibition Monday, March 23rd



Spring term ends: Friday, March 27th

AGM Monday, 13th April

30th ANIVERSARY Afternoon Tea Tuesday, 12th May (See Enclosed Flyer)

New Term Starts: Monday, 21st September, 2015

On a Musical note....

If anyone with a violin would like to play simple chamber music in a small group, please contact:

Joan Seelev

1 01723 374579

www.clipsarlol.com = 1151012.

Volunteers Needed

Volunteers needed for delivering the membership form and prospectus package.

Terry Green is handing the co-ordinating role to me after the AGM.

I will be contacting people from his list but would also be grateful for further offers of help.

Collection of envelopes from Combe Hay on Monday 29th June at 10.30am.

Hazel. hazelskidd@uwclub.net.



Scarborough U3A
Singers
in celebration of
World Water Day
Saturday 21st
March 2015 at
7.30pm
St Mary's Parish
House
Auborough St

Admission £6.00 on the door to include a light buffet supper.

Registered charity numbers 288701 (England and Wales) 5039479(Scotland)