



SCARBOROUGH U3A

Registered Charity No 1101581

The University of the Third Age

Newsletter:

Winter 2015 Issue 32



SCARBOROUGH IN WINTER

PHOTOGRAPH BY BERNARD WILKINS

IF YOU HAVE A PHOTO FOR A FUTURE ISSUE PLEASE SEND IT TO THE EDITOR

*The Committee wish all
members*

*A very happy Christmas and
all the best for the new
year*



We would like to hear from you,
especially news from your groups.

Please email articles to:

Bernard Wilkins

Email-

info@bmwphotography.co.uk

Or by post to: 105 Castle Rd
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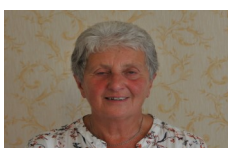
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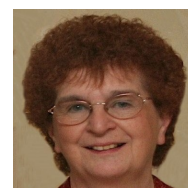
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CHAIR'S NOTES by Lee Ure

With my new Chairman's hat on, let me firstly welcome our new members to U3A. We have also welcomed new Committee members, Bernard Wilkins as Newsletter Editor and Stephen Cheshire as Treasurer this year. Now that now we are well into the Autumn term, there has been some very positive feedback regarding the wide selection and diversity of courses available to members, particularly with regard to the exciting new courses on offer, and your Committee is always happy to receive suggestions, comments or concerns you may have.

It seems strange to write an article for the Newsletter after wearing the editor's hat for the past five years, however, I know that Bernard is working very hard on this edition as I write. He has also co-ordinated publicity events and created excellent flyers and posters to promote our U3A. Through these events we have been sending out the message that U3A is not only about academic study but about sharing knowledge and experience through the medium of social interaction and fun.

In response to a suggestion at last year's AGM regarding summer term activities, I am delighted to report on an extremely successful number of coffee mornings which were held in the summer months. These were co-ordinated by Jenny Lythgoe and hosted by Jenny herself, Doreen Gridley and Ann Maloney. Brenda Barnett contributed the most delicious cakes and goodies, which I can definitely vouch for, and there were offerings of home-made jam and plants, all of which encouraged donations to the U3A fund, raising a total of £96.50; an impressive amount! There was much positive feedback from these events and Jenny is planning to co-ordinate more coffee mornings next year. It would be wonderful if one or two more members could offer to host a morning and if you would like to find out more, please call Jenny on 379889. Sheila Hawkswell also raised £32.90 for U3A by organising an enjoyable garden visit during the summer and heartfelt thanks are extended to all our fund raisers. If any members have ideas for further fund raising, please pass them on.

As the days shorten and the year comes to an end, may I wish all our members continuing involvement and enjoyment in the U3A courses on offer and remind you that we are always looking for new leaders. May I also wish members, on behalf of the Committee, a peaceful festive period and every good wish for the New Year.

Raising awareness of your U3A!

Display days at the local libraries on October 9th and 12th 2015

The Scarborough U3A were invited to a 'Health and Wellbeing Fair ' held at Scarborough and Eastfield libraries.

It was designed to encourage people to discover new hobbies, keep fit and enjoy health and beauty products. The U3A fits in very well with that requirement as we provide a wide range of activities that meets a large part of that description.

We offer classes that can help your fitness and the Scottish dancing is certainly an enjoyable way of doing just that!

Then we have the art, craft, language and music sessions that encourages study in a very pleasurable way. Also there are classes for literature , discussion, science and then social activities that are very popular with members.

And there is more, including the Monday morning talks that are a real social occasion where you can have a coffee or tea with your friends and then listen to an interesting talk.

So it's easy to see why the U3A is a worthwhile organisation to belong to and if you agree then tell someone about it!!

Our first date was at Scarborough Library and the photo on the right shows Dorothy Berry at our rather attractive display table.

Interest in our organization was good but we need to attend more displays like this to raise awareness of our activities.



Our second display was on Monday 12th at Eastfield library.

Enquiries were reasonably good but a significant number were from people attending other displays.

If we are at this type of event the u3a will have a better chance of attracting new members.



The photo above shows member Suzanne Kirby and Malcolm Maloney at Eastfield Library display.

Therefore, the question is: what are the best ways of getting our U3A known to the public out there?

It is fairly certain our flyer launched in the summer had some effect in increasing membership but we are still at about the same number pre flyer launch due to members not re-enrolling for a variety of reasons.

If you have any good ideas for increasing membership please contact the editor.

PUBLICITY



SCARBOROUGH U3A
'Learning for Life'

THE UNIVERSITY OF THE THIRD AGE

Do you want to meet new friends? Do you want to learn something new?

Then why not consider joining the Scarborough U3A - the university of the third age - the college that really stretches the grey matter?



This is an enjoyable way to meet new friends and learn something new.

We have over 500 members and you will have access to over 80 different courses to choose from. See website for full details and current subscription.

What is the U3A?

It started in France in 1972 and within a year the International Association of U3A's was found and it started in the UK in 1982. Scarborough U3A was found in 1984 - 30 years ago.

U3A membership is not related to a specific age but a period in life ie 'the third age' that comes after the 'first age', schooling and training and the 'second age', employment and parenthood.

Anyone in the third age can join as well as those working part-time and there is no lower age for membership.

We run two terms from Sept - Dec and from Jan - March.

We also have a regular Monday morning meeting where we meet from about 9-30am for a coffee or tea and a chat with friends and a talk at 10-30am lasting no more than an hour.

There are a wide range of courses available that are held in various locations in the town and always during daytime hours and include:

**Art, Craft, Discussion,
Games of skill, History,
Hobbies, Languages,
Literature, Music,
Performance, Science,
Physical activities, Social**



Garden visits held in the spring/summer

Full details can be found on our excellent website:

www.scarboroughu3a.co.uk

or contact the membership secretary Sue Petyt on 864111 during normal weekly working hours.

Existing members re-enrol in the first two weeks of July and new members from 15th July onwards.

So what are you waiting for?

Obtain the information you need and start making new friends and learning something new - it has made an amazing change of life for many people - you can be one of them!

Flyer front and back shown above

New flyer released during the summer to attempt to raise awareness of the U3A in Scarborough and have been distributed to many venues in the town. If you would like some copies of the flyer to show friends or put in the places you frequent please contact the editor. (Details on the front page)

There have also been various articles in the national and local press, notably in the Scarborough Comet newspaper in May this year.

This article highlighted the fact that although we are called the University of the Third Age we are not a university as such as there are no qualifications needed to join nor are there any given, so all you need is the desire to keep up your mental and physical abilities.

There are a wide range of courses to choose from which can be perused via our website **www.scarboroughu3a.co.uk**, or speak to any of the committee members listed on page 2 for further information. Show this newsletter to your friends and let them decide if it's for them! Our current membership stands at about 500 and whilst our flyer campaign attracted about 60 new members we are still at a similar number overall due to older and infirm members not re-registering.

If you know of anyone who might benefit from U3A membership then encourage them to talk to or e-mail our membership secretary, details as below.

Membership secretary—Sue Petyt Tel: 864111, e-mail: sue@suepetyt.me.uk.

News From the Groups

Friday Walking Group - 2015 holiday to Italy



U3A members at The Foreigner's Club, Sorrento, Italy
Hf holidays. Guided Walking Tours.
Juliet Hawley, Alwyn Nelles, Christine Rhodes.



Juliet, Alwyn and Christine with members of HF Holidays Walking Group staying in Sorrento enjoying a days sightseeing and pizzas together on the island of Capri.

Alwyn reports:

I first met Juliet and Christine when I joined the U3A and enrolled in Dee Found's Friday Walking Group. We thoroughly enjoyed the walking holidays arranged by the U3A's walking Team Leaders. Our first walking holiday was in Church Stretton, followed by a visit to Derwent water this year.

The guided walking tour company was HF Holidays. This company also arranges walking holidays all over the world and when my fellow walkers realized this we booked a holiday in Sorrento. Our holiday was over 7 nights and we flew from Gatwick in May. The tour company arranged 4 walks with one day of graded sightseeing all inclusive. The walks were as either easy (about 5/6 miles) or hard (about 10 miles). The sightseeing included a visit to Mount Vesuvius & Herculaneum.

Juliet, Christine and myself enjoyed our walks very much, one of the walks was around the lovely town of Positano. We also had a day excursion to Amalfi and the nearby island of Capri

What a memorable holiday with world class sightseeing!

In October we have again booked a walking holiday in Italy. We will be staying in Tuscany next May in a town called San Quirico d'Orcia and will be walking in and around Sienna, Assisi and Montepuliciano.

Alwyn Nelles, October 2015

A spring and summer of great garden visits 2015

During the spring and summer this year a dedicated group of U3A members have travelled to gardens both in our town vicinity and further afield such as Seaton Ross, Sinnington and Pocklington.

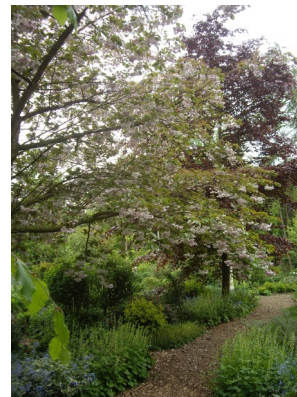
These visits have been organized and run by the course leaders Sheila Hawkswell and Gwen Jennings. They have done an admirable job in making sure everything is in place before we all turn up on the day and ensuring as far as possible that we all have a lovely day out.

Our two leaders have supplied us with a great deal of knowledge applicable to the garden and plants.

Fortunately the weather has usually been kind to us with the exception of our visit to Box Hill allotments when we had rain all morning. Nevertheless it didn't stop the group enjoying what we saw despite getting a bit wet!!



We always have time for a cuppa!!



Two of the many gardens we visited during the spring and summer.



The above photo shows the group at the garden of Roger Brooke at Seaton Ross.

Roger Brooke is a former lecturer at Askham Bryan College near York and his talk to us was very informative.



Sheila and Gwen have run the group for the last 5 years and are ready to step down. A big thank you is given to them for their hard work and dedication to the group.

A new organizing committee has been formed consisting of Bernard Wilkins, Sheila Gendle-Clark and Doreen Gridley with Shieia Hawkswell as our technical advisor.

Bernard Wilkins, September 2015

Fantastic Website for walkers!

Walking in Yorkshire www.walkinginyorkshire.co.uk is a website packed with useful information for walkers. With hundreds of walks to download and print, free, it also has books of walks, contact details for all the walking groups in the county and much more. Whether you want to walk on your own or with a group all the information is there in one place. John said 'There is so much walking information on the web but it is difficult to find. Walking in Yorkshire (part of the Walking in England suite of websites (www.walkinginengland.co.uk) – one for each county in England) has brought it together in one place so whether you are walking from home, or away on holiday, you will be able to find a walk suitable for you'. With walks from half a mile to twelve miles plus long, and a note of suitability for pushchairs and wheelchairs, everyone can find a walk to enjoy. So home or away, check out the websites and get walking!

John Harris

www.walkinginengland.co.uk

email: john@walkinginengland.co.uk

Optimum Health and Wellbeing in Retirement “Ten Top Tips” Scarborough U3A Health and Wellbeing Course 2014 – 2015



- **Keep yourself occupied** **and stay active**
 - **Learn new skills and hobbies**
 - **Eat a sensible diet**
 - **Look after your finances**
 - **Be open minded**
 - **Value your home and environment**
 - **Mix with other people**
 - **Have some fun – laughter is great!**
 - **Know where to go for support**
 - **Stay true to what you believe in**

The Many Faces of Scarborough

For Coastival 2016 a new commission is being developed that will see 3 giant sculptural heads talking about life in Scarborough and its surroundings.

The organisers are looking for peoples stories, observations, memories and opinions about the best things in the area that they can record on audio tape and later cut into short soundbites. They are planning to have three heads so could record people in twos or threes, and they will try to make it friendly, quick and painless!

They want people from all backgrounds, perspectives and ages to add their stories, songs, memories or recommendations. They would like to record conversations, opinions, jokes and anecdotes. They want to hear about sunsets and seagulls, wind and wave, tides and trains, moors and moods, walks and wheelks, swimming, fishing and football - and they particularly want someone (or a small group) to sing Scarborough Fair!

Can you help them to paint a sound picture of Scarborough? Chris Squire will be at the Friends' Meeting House on Monday 11th January, 2016 after the talk by Christine Hepworth, ready to interview anyone who would like to make a contribution.

Please let Lee Ure (Chair) or any of the Committee members know if you would like to speak with him.

Scarborough U3A walking and sight seeing holiday April 11th 2016

Next years holiday as above will be for 4 nights at a cost of **£299** per person, full board and share cars and fuel for travelling to Dove Dale Derbyshire.

A £75 non refundable deposit is to be paid. Please inform Dee ASAP if you are interested. The final balance due 8 weeks before departure date.

THERE ARE SINGLE ROOMS STILL AVAILABLE

Standard rooms offer comfortable accommodation and en-suite bathroom with WC and shower or bath tea and coffee making facilities, TV & hairdryer.

Contact Dee Found: deefound@outlook.com Tel 882343

Book ASAP, for all rooms, to avoid disappointment.

**Please make cheques for £75 for the deposit made payable to:-
Scarborough U3A Social and Holiday account, and send to
Mr Steve Cheshire U3A Treasurer, 4 Holbeck Hill, Scarborough, YO11 2XD**

News of a new course - stained glass crafting

I went to see Adrian and his attendees at St James' Church to get a taste of the challenge that the class are preparing for in what appears to be a new venture for most of them. Adrian sent me this report. B M Wilkins, Editor, Oct 2015

Malcolm Maloney, Scarborough's Group Liaison Officer learned that I have a couple of qualifications in Stained Glass Crafting, asked me to run a class in the subject and I agreed to do so. The idea of stained glass crafting was popular, because the class was oversubscribed from the start. The fortnightly class started on 23rd September, at St. James' Church on the corner of Seamer Road and Valley Road and the attendees seemed to enjoy the class.

Several had assumed that the class would be a theoretical one and had not expected it to be a practical class, but all tried to join in with some considerable enthusiasm. Unfortunately, some people did not have the strength in their wrists to apply the firm pressure that is needed to cut glass and they decided to relinquish their places in order to make room for others.

The first project was to make a two inch square cube shaped candle-holder. This would involve cutting (straight edged) squares of glass, Tiffany style copper foiling of the edges, tinning the copper foiled edges with solder and soldering the five panels together, to make an open topped clear glass box.

By the end of the first lesson, most attendees had cut their glass and some were progressing with the copper foiling of the newly cut edges. By the end of the second lesson, many attendees had finished their candle holders and I was quite impressed with their efforts, considering that these were first attempts by people who in some cases had never previously used a glasscutter or soldering iron.

Future lessons will be showing attendees how to cut curves and this, along with the Tiffany technique already learned, will allow attendees to make glass lampshades and other artwork etc. We will then move onto lead light work, which would allow attendees to make coloured glass windows. If we then manage to get access to a suitable kiln which must be able to take the temperature up and down a long duration temperature gradient, the class will be taught the glass staining and glass painting techniques which are needed for proper stained glass windows.

Adrian Hanwell.



The photos above show the group ready to start the lesson

Christmas is Coming!

Would you be interested in coming to a coffee morning on Christmas Day? It would run from 10.00am-12.00pm and would be in Crossgates, offering coffee, tea, mince pies and Christmas cake.

As there is unlikely to be any public transport, we may need people to volunteer to give others a lift.

If you would like to come please phone Sue or Iain on 864111 or email sue@suepetyt.me.uk so that we can decide if there is enough interest to hold the coffee morning, also let us know if you would need a lift, or could offer a lift.

The cost would be £2.50 with profits going to U3A.

Happy Christmas!

New Year's Eve Scottish Dance (Hogmanay 31st December 2015) @Cober Hill Hotel – Cloughton 8.00pm-12.30am

Organised by Sue Petyt & Iain Hale

Don't sit at home and watch TV, don't give up and go to bed, come and have fun and welcome 2016 in style!

You are invited to an evening of Scottish Country Dancing, Scottish 'Round the Room' dancing (eg Gay Gordons, St Bernard's Waltz) and quizzes.

Tickets cost £14.00 each and include a buffet supper and as much tea/coffee/squash as you can drink!

There is also an honesty bar so we can toast in the New Year!

Hotel rooms are available at £54.00 per person for Bed and Breakfast if you want to stay overnight (please contact the hotel direct if you want to book a room mentioning this event) 01723 870310

NB Ticket money is not refundable unless the ticket can be re-sold.

.....Name _____

Address _____

Tel: _____ email: _____

Any Dietary Requirements? _____

Total number of tickets @ £14.00 each _____ Total enclosed £ _____

To help us put together a suitable programme please tell us how many of these tickets are for:

Scottish Country Dancers _____

Those prepared to 'have a go' _____

Those who are not dancing at all _____

Please send this form, a cheque made payable to Sue Petyt (and an SAE if you want your tickets by post) to:

Sue Petyt & Iain Hale, 5 Kingfisher Close, Crossgates, Scarborough, YO12 4TZ

Bank Transfers should be made to Sort Code 40-47-86 Account Number 10081531 please use your surname as reference

My First Year as Membership Secretary

So that was my first year as Membership secretary. A few problems, but not many, and lots and lots of phone calls and emails! The Membership (as at 19/10/15) is 479, of whom 65 are new members, so if you have a new member in your group, please make them feel welcome, a couple of people who did not renew their memberships said they had joined groups where everyone knew each other and they had felt left out.

The deadline given in the Prospectus last year was 13th July for existing members to return their membership form and be given the option to retain their places on existing courses. This however proved problematic for several reasons and by the 13th I was still short of 105 renewal forms. Having rung most of these 105 people, I found various reasons why their forms had not been returned and apart from, 'oh I forgot' and 'sorry haven't got round to it' the main reason seemed to be holidays. The problem was that people had been on a fortnight's holiday, the Prospectus had arrived either the day before they went, or after they had left and by the time they returned home the deadline had passed so they were inevitably late with their return.

Given the way in which the course places are allocated this means the process was held up until I could establish that most, if not all, existing members who wanted to renew had done so, and also resulted in lots of phone calls from members asking when membership cards would be sent out.

Next year I hope to try something a bit different. The Prospectuses will be sent out 13th June and a deadline to be set for their return for 9th July. This would allow everyone a month, and should cope with the 'holiday problem' though not necessarily the 'I forgot' problem, and one page of the Prospectus will have written, in large letters, 'if you do not return your form by 9th July 2016 you are not guaranteed to retain your place on existing courses as they could be allocated to someone else'. After the 9th July I will allocate places to new members and the places on new courses and send out all membership cards at the same time, hopefully also reducing the number of phone calls.

In addition, this year I produced a hyperlinked version of the Prospectus which is on the website, and emailed it to several people (who for various reasons did not have a Prospectus) along with a membership form. This was well received and in the longer term would be a way forward to save costs and speed things up.

We now have over 300 members with email addresses and next year, all those on email will be sent a link to the electronic version of the Prospectus and electronic version of the membership form AS WELL AS the paper versions. Those who pay by bank transfer can send their application back electronically and their membership cards will be included in one of their Group Leaders packs for distribution, thus saving the cost of postage. The following year, those members who are comfortable with electronic enrolment would not be sent paper versions of the Prospectus, thus saving printing costs and postage.

I have been asked to explain how I allocate places on courses, my main aim being to make it as fair a distribution as possible for everyone, so here is how I do it.

Firstly, existing members retain their places on any courses they want to stay on and I then try to allocate all new members one of their course choices. The next step is to allocate everyone points, based on the courses they have, so if you attend a course which runs weekly, that will be 24 points, if fortnightly 12 points and so on. A course leader will have the number of weeks they lead a course, subtracted from their total points as an acknowledgement of the work they put in. So, here's an example.

Mrs A attends 3 courses, 2 of 24 weeks and one which is monthly so 6 weeks, total 54 points.

Mr B attends 1 course of 24 weeks and one of 12 weeks, so 36 points.

Mrs C attends 1 course of 12 weeks, and leads a course of 24 weeks, so has -12 points (12-24 gives a negative number).

Mrs D attends one course of 6 weeks, so 6 points.

Having given everyone points I then look at the member with the **lowest** number of points (Mrs C) and look at the courses she would like to go on and see if there is a place on one of them. If there is, I will allocate a place on one course and then recalculate Mrs C's points, so if it was a 24 week course it would give Mrs C 12 points (-12+24) and the next person to be considered for a place would be Mrs D, who has 6 points, and so on until all possible places are filled.

Some courses have unlimited numbers such as Garden Visits and Cycling, others can take large numbers such as U3A Singers and Scottish Country Dancing, so if you choose these you have a good chance of getting a place. If however it is a course in someone's home then numbers can be quite small so your chances of a place will not be as good.

I hope this helps to explain how I have allocated places, it sounds complicated but I hope it makes it fair for everyone. So please do not turn up at a group unless you have been told you have a place, and don't put pressure on Group Leaders to take extra people as it can make it difficult for them, and remember all our Group Leaders are volunteers.

Here's to next year!

Sue Petyt

25th Anniversary of the building of the Friend's Meeting House

The Scarborough U3A is associated with the Friend's Meeting House as a place to hold meetings and classes.

We were invited to share their anniversary of 25 years by having a display, with others, in the main hall on 10th October 2015.

We were delighted to attend and the photo below shows our display table with Marion Cooper and Chris Gray talking to a potential member. I thought it fitting that we should recognize this landmark in their history by informing our members of their presence in Scarborough and their new 'house'. Bernard Wilkins, Newsletter editor, November 2015

Quaker History in Scarborough

Friends first met for worship in 1651 in Low Conduit Street – now called West Sandgate. Later in a building built in 1676 in Carr Street which cost £150.13s.4d, where meetings for worship continued until 1801. George Fox, the founder of Quakerism, is reported to have spoken from a gallery in this building.



Many prominent early Friends visited the area where several converts were secured. In 1661 there were weddings held at public Meetings for Worship, which were some of the earliest in the region.

During 1665 George Fox was imprisoned in Scarborough Castle for his beliefs; there is a plaque on the wall signifying this. The officers must have been impressed by his personality as they stated that *"He is as stiff as a tree and as pure as a bell for we could never stir him"*. Some three years later when Fox returned to Scarborough he was entertained after Meeting for Worship by the Castle Governor, the officer as Fox said, *"being very courteous and loving"*.

Between 1801 and 1894 Friends met at the St Sepulchre Street with burial grounds there and also in Westover Road. Local Friends were extremely active in all aspects of social work and the Adult School movement during this period. Many Friends were prominent on the local council and Magistracy, several served as Mayor.

In the period 1894 – 1988 Friends met in York Place. The first National Friends Summer School was held at the town in 1897 followed by a more recent landmark when the Yearly Meeting (the AGM of Friends) was held in 1925. Persecution, which Friends had suffered in earlier years, was still not quite over. During the South African war several local friends had their businesses and homes attacked by unruly mobs for organising conciliation discussions.

Our new premises built in 1989 will offer opportunities for service arising from our meetings for worship. Quaker Close presents a new beginning and challenge: with God's help and guidance we shall endeavour to be worthy

The history of Scarborough Meeting House

It is possible that seekers or Friends of the Truth were meeting at Scarborough in 1651. Indeed in September 1650 the Scarborough Bailiffs issued a warrant against Peter Hodgson for letting a house to strangers without the consent of the Corporation. Although the first meeting house is said to have been in a building in Low Conduit Street, which was later used as a joiner's shop, subsequent meetings were then held at the house belonging to Peter Hodgson in Carr Street, off Eastborough. This is said to have had a gallery dated 1651, from which George Fox is said to have spoken at a meeting. A Minute records the cost of adaptations of this building, in 1676, *"for the public meetings of the Lord's people to meet for the worship and service of God."* The total bill, including Writings, cost £150 – 134d collected by 59 from Scarborough and District.

Later when membership had grown considerably a Meeting House and burial ground was built on land obtained in St Sepulchre Street. This 1804 building served the town for nearly a century with relief work and Adult School involvement. The burial ground has less than three dozen burials, as after the opening of the Non Conformist section of the Dean Road cemetery, most Friends were buried there.

In 1894 Scarborough Friends were contemplating moving to a more central venue. A disused area next to W. Rowntree Department Store was offered and after acceptance the then well established local architect Fred Rowntree was appointed. The Meeting House was Richard the Third mock Tudor, red terracotta, in fact very red indeed!

In 1990 following a compulsory purchase of the York Place Meeting House, by Debenhams and Scarborough Council, we were fortunate in having good negotiators in our membership, who were able to get agreement that would give us a suitable new Meeting House. After a period of worship sharing in a Methodist Chapel, we eventually moved into Quaker Close. Joseph Rowntree Trust were willing to have excess land from us.

After a period of worship sharing in a Methodist Chapel, we eventually moved into Quaker Close.

This is how we arrived at our "new" home with reminders of our earlier one:

- * the terracotta "Friends meeting House" wall plaque outside,
- * the internal doors with peep hole windows,
- * the metal roof bars inside the main rooms and
- * the roof glazed lanterns.

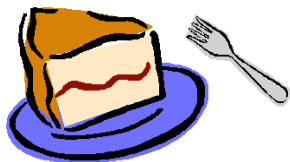
This is a reminder of Friends from the past, present and future.

Peter Robson



Friend's Meeting House

DON'T LOSE TOUCH - SUMMER 2016 - COME FOR COFFEE



Our little group enjoyed hosting the monthly Monday Coffee Mornings last summer.



We intend holding them again between April and September 2016. The purpose being so we can all be socially active during these months and also to raise funds for the U3A.

Please plan ahead and if you can donate items for a small sales table it would be much appreciated: eg. Plants/cakes/buns/homemade bread/jam/magazine/any handicrafts etc that you may wish to give.

All funds raised will go to the U3A

Jenny Lythgoe 379889



Legal Helpline update

As mentioned in our last mailing, the 24 hour legal helpline we have been subscribing to, for the benefit of you and your members, will *cease operation on 30th September*.

We are delighted to be able to tell you that we have managed to source a new provider which will commence on 1st October.

The details are as follows:-

**Arc Legal Assistance in partnership with Irwin Mitchell Solicitors
Telephone number 0344 770 1040**

Note from the Editor

**The Scarborough U3A Website is at:
www.scarboroughu3a.co.uk**

Thank you to all contributors to this newsletter and hopefully we will continue to attract members to share their news with others.

There are plenty of new courses, as well as the established ones, that we would like to hear about and I look forward to hearing from you in the future so that we can all share your news and experiences, with some photographs if possible.

This newsletter is for you so let's make use of it!

You will find details of my email and home address on the front page.

B M Wilkins, U3A Newsletter Editor.