



The University of the Third Age

# SCARBOROUGH U3A

Registered Charity No 1101581

Newsletter:

**Spring 2016 Issue 33**



## Scarborough in Spring

Photograph by Bernard Wilkins

***If you have a photo for a future issue please send it to the editor***

We would like to hear from you,  
especially news from your groups.

Please email articles to:

**Bernard Wilkins**

Email-

[info@bmwphotography.co.uk](mailto:info@bmwphotography.co.uk)

Or by post to: 105 Castle Rd  
Scarborough, YO11 1HX

## **COMMITTEE MEMBERS 2015-2016**

**Vice Chairman  
IT & Website Manager**  
Chris Gray 863039  
[cngray@btinternet.com](mailto:cngray@btinternet.com)



**Chair**  
Lee Ure 658749  
[leeu3a@yahoo.co.uk](mailto:leeu3a@yahoo.co.uk)



**Treasurer**  
Stephen Cheshire 352538  
[stephen.cheshire@gmail.com](mailto:stephen.cheshire@gmail.com)



**Secretary**  
Marion Cooper 866191  
[marianska@btinternet.com](mailto:marianska@btinternet.com)



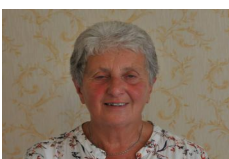
**Liaison Officer**  
Malcolm Maloney 353584  
[malcolm\\_maloney@msn.com](mailto:malcolm_maloney@msn.com)



**Monday Speaker Organiser**  
Dennis Shaw 866191  
[dennis.shaw@live.co.uk](mailto:dennis.shaw@live.co.uk)



**Refreshment Organiser**  
Dorothy Berry 374873  
[dotmar24@btinternet.com](mailto:dotmar24@btinternet.com)



**Membership Secretary**  
Sue Petyt 864111  
[sue@suepetyt.me.uk](mailto:sue@suepetyt.me.uk)



**Newsletter Editor**  
Bernard Wilkins 375516  
[info@bmwphotography.co.uk](mailto:info@bmwphotography.co.uk)



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## **CHAIR'S NOTES**

As you can see, we have a bumper Newsletter this time, with huge thanks to all contributors.

Scarborough U3A can boast a diverse, and quite remarkable, range of courses which is down to the commitment and energy of our numerous leaders. There have been several new ventures this year, many of which are reflected in the Newsletter, and it is heartening to hear of all the activities our members get up to and how so many needs and interests are considered. Our Group Liaison Officer, Malcolm Maloney, has worked tirelessly encouraging members to consider offering to lead a group and following a meeting with Group Leaders earlier this year organised by both him and Sue Petyt, there are now a range of activities on offer during the spring and summer months. We have a new Social Activities Sub Committee and the extremely successful coffee mornings which were set up last year will be continuing this summer. On that note, I must make an apology for including incorrect figures in the last newsletter: the coffee mornings last year raised a total profit of £351.50 and not the £96.50 I had reported.

I would like to take this opportunity to discount rumours regarding proposed changes to the allocation of places and the management of courses. Our Membership Secretary, Sue Petyt, will continue to allocate places using the method she detailed in our Christmas Newsletter. Her main aim being, 'to make it as fair a distribution as possible for everyone'. There are no plans to 'drop' courses. Courses will only cease to run if a Group Leader wishes to resign their post and no-one can be found to take their place.

Finally, may I wish you all a good summer and wish every member well who will be continuing U3A activities through the summer months, especially those of you who are raising funds; every little helps in keeping subscriptions down.

## Monday General Meetings

As I mentioned in the previous newsletter, attendance at the Monday morning meetings has been falling in recent years. It is now rarely much above 50, i.e., about 10% of the total membership. I don't believe that the average quality of the speakers has declined, although it will, of course, vary from one week to another. I like to think, perhaps naively, that it is because our U3A offers such a number and variety of courses that most members have insufficient spare time to come regularly to the Monday meetings!

I would welcome any comments from you, both critical and constructive, in particular your suggestions for possible speakers. However, I have had no feedback from you concerning the proposal I made that the frequency of such meetings be reduced from weekly to twice a month. It has been therefore decided by the committee that the alternate weeks will be given over to coffee mornings with other activities such as quizzes, cake stall/book stall, members/course leaders giving short informal talks about their course activities, etc.

Finally, is there anyone out there who would be interested in becoming or assisting a Speaker/Meetings Organiser for Monday mornings, as I am seeking my replacement? Please contact me for more information.

**Dennis Shaw (Tel. 866191; email: [dennis.shaw@live.co.uk](mailto:dennis.shaw@live.co.uk))**

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## Group Leaders Meeting

Group Leaders met with members of the Committee on 18 January. The main focus of the discussion was on the outcome of the Sub Committee that met over last summer to address whether our structure and systems were still appropriate for the future development of our U3A. The Sub Committee had gathered the views of members and leaders on a range of issues including the subscription level, the method of arranging and paying for accommodation and whether a programme should be offered for the summer term. The Sub Committee also examined the practices of other U3As and the success of their outcomes, carried out a financial analysis of the merits of the different systems and value for money offered as well as gathering the views of U3A National Office.

The recommendations of the Sub Committee were accepted by the Committee. They were that the membership fee and course payment system should remain unchanged; that we should gradually work towards providing courses and activities throughout the year when desired by members and leaders; that for the transition period, courses requiring rented accommodation outside the current terms should pay a supplementary fee towards the additional costs; that a meeting of the Group Leaders be arranged to discuss transition to a more flexible model providing a year round service; that individual groups be encouraged to discuss how they wish to operate within a more flexible term structure; that the outcome of those discussions should be collated to inform next year's planning and that an Activities Sub Committee should be appointed to organise a range of monthly activities and visits designed to encourage a sense of belonging to Scarborough U3A.

Much of the discussion was about the merits of providing flexibility allowing leaders to develop an increased range of courses after our normal course ending dates. Summer groups were desired by the majority of members surveyed, but were less supported by group leaders who had responded. There were a range of views expressed with some keen to benefit from the greater flexibility and others wishing to stay operating within the existing term dates. A range of options were discussed including short courses and taster courses. It was made clear that flexibility was being offered to leaders and members to offer courses when wished and that there was no obligation to change being placed on those not wanting to extend their U3A year.

There was an acceptance that the recruitment of new members including the newly retired was essential for the future. There were differing views as to how that should be achieved. There was an agreement that the course allocation system should be reviewed to ensure that it did not disadvantage any group including new members. Other matters addressed included the introduction of a Course Description Form, identifying the best accommodation for our groups, developing new groups and insurance cover.

The meeting had been lively and valuable and served to ensure that the Committee remained in touch. It was hoped that it would lead to new developments from leaders and members and that valuable feedback would be gained from the discussions within the groups. It is hoped the a Leaders Meeting should become an important annual event.

Malcolm Maloney, Group Liaison Officer



# *New Year New You Event at Eastfield Library*

## *Attended by our U3A*

On January 27th 2016 our U3A was represented with an information table at the above event.

As the poster below shows it was an event to encourage visitors to try something new to kick start the new year. From our point of view it was very successful and our display photo below shows Dorothy Berry from our committee, and Suzanne Kirby, a U3A member and volunteer for the Eastfield library.

The display attracted a good number of people, many of whom were interested in the organization and left their details to be followed up by our membership secretary Sue Petyt.



### **Our table with Suzanne and Dorothy attracting new members**

The event was also honoured with a visit by Archbishop Sentamu of York who was visiting the area and called in to meet the exhibitors.

This community event featured craft displays, Pilates, dancing and live entertainment by the Seaside Uke Strummers and Midas Touch who were a great hit with all who were there.

This was a good event for us to be represented at and it does raise awareness of what the U3A can offer. We look forward to similar events in the future.

**Bernard Wilkins, Feb 2016**

Photograph above: Bernard Wilkins

Photograph left: Sharon Houghton



## IT PLEA

I think nearly all our members now use email in one form or another and many members compose letters or other types of document on a word-processor of some sort.

Some people are Windows users, some are Apple users, and there are doubtless a few on even more exotic equipment.

So long as your documents are all created at home and stay there, it matters not what equipment you are using.

The problems start when you want to send a document to a friend who then finds that although something has definitely arrived, their machine cannot read it. And this is all because computers "format" a document in their own way. Which is fine if your machine matches your friend's, but not otherwise. Some people upgrade their equipment to newer specifications and with that upgrade new features arrive, some quite unexpectedly.

To accommodate as many as possible of our members with all their different pieces of equipment, it would be helpful if all members would use the simple format of .DOC when creating and sending documents.

This format is not the latest that Windows has created, and will certainly not be the last. However the advantage of using it does mean that members with older or undated equipment will be able to exchange information with those using the latest Macs and PCs.

I have noticed that some members use OpenOffice which is an excellent program. This program, which is not only free, will read Microsoft created documents with ease and the interface is widely regarded as being much less cluttered than Microsoft Office. The downside however is that if you use it "straight out of the box" it will save documents in its own format which is impossible for most others to read.

The program needs to be told to Save all documents in .DOC format and then everyone can enjoy your creations.

If you don't know how to change your default document formatting, please let me know and you will be helped.

All part of our IT service

End of rant

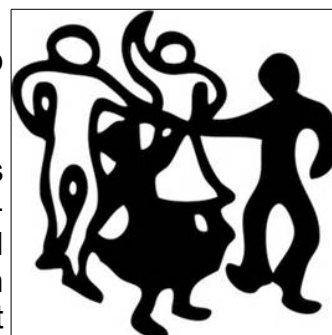


**Chris Gray (cngray@btinternet.com)**

## HOGMANAY

So, what did you get up to on New Year's Eve?

The 40 -50 or so of us that attended the Hogmanay Party arranged by Sue Petyt and Iain Hale enjoyed a great evening.



The Cober Hill Hotel, Cloughton, accommodated us in a room perfect in size for our number, and provided an excellent buffet – plentiful, varied and tasty.

The organisation of the evening was excellent, as you would expect from hosts such as Sue and Iain, with dancing, quizzes and a raffle. We even celebrated the 'countdown' by tuning into Radio Scotland.

So many thanks to them both for not only dreaming up the idea, but carrying it through.

I understand that they might just be planning to hold a similar event next New Year's Eve, so why not watch this space and come along and treat yourself to a good night out?

Much more fun than sitting at home watching television.

I look forward to seeing you there!

Marion Cooper

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## Coastival

The Scarborough Festival held over the second weekend of February was celebrated this year in venues all over the town. One of the biggest events was *The Song of Leviathan*, a story told at the Spa Sun court with a massive cast, many of whom were responsible for the control of numerous huge puppets. Produced by the Company, *Animated Objects*, it was a community project and included some U3A members (See page 10).

Maybe you had involvement with a community project this year and would like to share it with other U3A members in our next Newsletter?

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5 You can send your article to Bernard Wilkins.



## Spring and Summer Groups and Activities

We have a range of groups and activities on offer for members from April onwards.

Vikki Heywood is offering Museum Studies in six Thursday 2.00 - 4.00 weekly sessions 7 April until 12th May. The sessions will be held at Stephen Joseph Theatre Outreach. One of the sessions will visit Woodend to see the Reserve Collection and another will visit Ryedale Folk Museum.



Kieran Lundy is offering a Taster Session in Spoken Modern Greek. The four weekly session course will be held at Keiran's home on Scalby Road and will start on 20th April.

George McVeigh is offering a Taster Meeting where those interested in the Medical Matters course which will be offered in the Prospectus may discuss and influence the range of that course. The meeting will be held on 1st June at 10am at his home in Hackness Road. Dr. McVeigh has provided the following information about the meeting:- "I have been in medicine for 40 years with 7 years as a GP and the rest in Anaesthesia and acute medical care. I am happy to share knowledge based on the above and I am open to suggestions. I would be keen to meet with interested participants initially to brainstorm topics, wants and wishes, and more importantly the depth of involvement in the chosen topics. Ideas for discussion might include:- Screening for disease; Coronary heart disease; Smoking; Obesity; Diabetes; Cancer; Health advances in past 20 years; Where will we be in 20 years with personalized genomic medicine; Addiction; Advances in anaesthesia; Pre-operative testing; Exercise tolerance testing; Intensive care issues; Cataract surgery; Hips and knee surgery."

Members unable to attend the meeting, but wishing to give their views to influence the course are invited to contact George McVeigh on 07828 657616 or by email on [georgemcveigh6@hotmail.com](mailto:georgemcveigh6@hotmail.com).

We also have a number of opportunities for those wishing to develop their art skills over spring and summer:

Deanne Hemingway (currently leading the Beginners Art Group) is offering a course on The Art of Keeping a Sketch Book which is open to all U3A members. This would include visits to exhibitions as well as sketching outdoors when the weather is fine and indoors at different venues when the weather is not fine. Meeting places would be arranged each week.

Sylvia Wiley (currently leading C95 Painting (all media) group is offering outdoors art sessions. These would be open to members of her own and other U3A art groups and if numbers permit, any other U3A member. They would meet on Mondays at 10am at different venues ideally near a cafe and places of interest in June and July depending on the weather. Those interested should contact Sylvia on 350167.

Roger Mayow (currently leading C59 Art Group - Multi media) is offering a 3 session course on Painting Portraits from Photographs. The 9-hour course will be held at Wreyfield Methodist Church on 3 hour afternoon sessions on 20th, 21st and 22nd July and will provide instruction and guidance and all materials including canvas, acrylic paints and brushes. Members may provide their own photograph or use ones provided. There will be a charge of £8 for all 9 hours to cover expenses. There will be a maximum of 24 places. The course will only proceed if there are 12 or more applicants. Please let Sue Petyt know if you would like to attend by 21 March.

Maggie Thompson (currently leading C24 Watercolours and other Media) is offering a number of one day Flora / Still Life Painting Workshops as an opportunity for members to develop their skills and to provide a fund raiser for our U3A. Sessions will be held at Scarborough Library and will run from 10.30 - 3.00, with a lunch break, on Saturdays 23rd April, 21st May and 25th June. Refreshments are provided. Each session will cost £10 to attend and all profits will benefit U3A funds. It will be a relaxed experience and there will be a choice of methods to suit individual taste. Maggie will supply water colour paints and paper. Those wishing to use other media will need to provide their own painting materials and equipment. The minimum number for a session to proceed is 15 and the maximum attendance for each session is 20. Please let Sue Petyt know by 21 March if you are interested in attending.

Dee Found is offering to lead shorter walks of 60 to 90 minutes (approx). These will meet at the Nags Head, Scalby but the venue will alter week to week. They will start every Thursday at 10.30 or alternate Fridays at 10.30 after April 8th. If you are interested in short walks contact Dee on 882343 or email [deefound@outlook.com](mailto:deefound@outlook.com) and inform Sue Petyt.

Some groups such as Classic Cars, Motorcycles and Other Vehicles, Garden Visits and Cycling will continue throughout year and benefit from the improved weather of spring and summer. There is no limit to the number that may join the Cycling Group. It meets weekly at 10.30am on Fridays. Anyone interested in joining should contact Malcolm Maloney on 353584 for further information.

Cacophony is a group for anyone learning a musical instrument who is grade 3 or below or ungraded. The group currently meets on Monday evenings at Wreyfield Methodist Church. The music is Traditional and Folk. Anyone interested in joining them or interested in a Beginners' Ukulele Group should contact Elaine Bentley on 367101.

Since the relaxation of term dates a number of groups have arranged additional sessions. They include C05 Painting; C59 Art Group; C94 Stained Glass Crafting; Ceramics; C20 Hatha Yoga.

Theatre Visits, led by Lis Stenhouse will now meet throughout the year.

It is good to see how many groups have responded to the opportunity to broaden our spring and summer offer to our members. There is still scope for that range of activities to be increased further. I will happily discuss with members how they may be supported to provide additional activities in ways that will further increase the attractiveness of Scarborough U3A membership.

Anyone interested in Museum Studies with Vikki Heywood; Spoken Modern Greek with Kieran Lundy; Medical Matters Taster Meeting with George McVeigh; The Art of Keeping a Sketch Book with Deanna Hemingway; Painting Portraits from Photographs with Roger Mayow; Flora / Still Life Workshops with Maggie Thompson; Short Walks with Dee Found and Theatre Visits with Lis Stenhouse should contact Sue Petyt by 21 March.

**Malcolm Maloney**  
**Group Liaison Officer**

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## What Senior Citizens are Worth

Did you know that we folk are worth a fortune? We have silver in our hair, gold in our teeth, stones in our kidneys, lead in our feet and gas in our stomachs!

Recently a few changes have come into my life. Frankly, I have become a frivolous old woman; I am seeing several gentlemen every day. Each day when I wake up, WILL POWER helps me out of bed. Then I go to see JIMMY RIDDLE and the breakfast with MR KELLOG with the refreshing company of MR TETLEY, or my other friend, whom I only know as MR P.G.



Then someone appears who I do not really like at all; ARTHUR I. TIS. He knows he is not welcome but does insist on being there for the rest of the day. Even then, he will not stay in one place, so he takes me from joint to joint. After such a hectic day, I am glad to go to bed with JOHNNY WALKER.

What a hectic life! Oh yes, and I am now flirting with AL ZHEIMER.

The vicar came to call the other day and said that at my age I should be thinking of the hereafter so I told him that I do that all the time! No matter where I am, the bedroom, the sitting room or the garden, I ask myself, 'Now what am I here after?'

Well I shall close now with the hope that WILL POWER is your constant companion too. However, make sure that his friend, EMMA ROYDS does not creep on you from behind! And watch out for the crazy one, GERRY ATTRIC!

(Based on a notice on the board in the Roman Catholic Parish Church of St. George's, Moor Lane, Eastfield)

## Gelotology

I have been invited to form a new group next year. Such a group already exists at Barnsley U3A, and before you all start reaching for your dictionaries I can tell you that throughout the U3A there are many similar groups, although they are usually called Humour!

How ours develops will depend on the members of the group, but there is plenty of scope for variety.

We could discuss the different forms of Humour (verbal or visual - radio or screen) with plenty of examples of each.

We could discuss the different types (slapstick or satire), the different topics (mother-in-law or golf jokes). A contest between different presenters (Frankie Howerd v. Chic Murray), or different writers (Roy Clarke v. John Sullivan) and so on. The list and permutations are almost endless.

Perhaps a quiz or a game, on the lines of "Would I Lie To You". Perhaps each member could recount a funny incident, "A Disaster I Have Suffered".

I propose running the course initially on a monthly basis on a Tuesday morning. So, is anyone Game for a Laugh? Let me know if you would like to join Scarborough's Jelly Tots.



Chris Gray

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### To All Course Leaders

If you have any expenses to claim, can you please contact our Treasurer, Stephen Cheshire, by the end of March.

His contact details can be found on Page 2



## Dog Walkers



We have quite a few Walking groups but no-one is allowed to take their dog with them. A strange state of affairs and the reasons and excuses for this rule seem lost in the mists of time.

There is certainly nothing in the U3A Rules and Constitution to prevent members either within or without a group taking their dog with them on a walk. So to remedy this obvious gap in our Prospectus, I shall be walking with my dog on alternate Friday afternoons throughout the year. Bad weather may make some walkers think twice about venturing out, but dogs need to be taken out however inclement the weather.

Some may think this a daft idea, so I shall kick off as I mean to go on and start on April Fool's Day. On 1st April 2016, High Tide will be around 11 am, so if we meet for an amble on Cayton beach at 2 pm, the tide will be half way out. Meet on the old Scarborough - Filey Road at Cayton Bay (Map Ref: TA 06776 84045) by the track that leads to the surfing centre)

Well-behaved dogs and well-behaved owners (with or without dogs) will be most welcome. Put the date in your diary.

Chris Gray

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## U3A Online Courses

U3A Online Courses are specially designed for older people and are available through a partnership between Third Age Trust (the UK national U3A organisation) and the U3A Online Inc (based in Australia)

For more information, log onto

<http://onlinecourses.u3a.org.uk>





# News From the Groups

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## C17 MOVEMENT TO MUSIC

Tuesday 10.00 - 11.30

Course Leader : Margaret Payne with the help of Carol Watson

### **STRENGTH - STAMINA - STRETCH - SMILE**

To the big band sound of Syd Lawrence and his Orchestra, up to 22 older girls join Maggie for gentle exercise.

We begin with 'Mood Indigo' and after a few deep breaths we start exercises to improve biceps and hamstrings, followed by the romantic sound of 'The Very Thought of You' to exercise necks, shoulders, arms, legs and feet.

Next, to the sound of 'On the Sunny Side of the Street', we form a large ring to march and stride with macho fists followed by a less strenuous exercise lifting arms and legs with the use of wall supports.

We now have 'Georgia on My Mind' and use chairs to do arms, legs and stretch-finger movements followed by 'The One I Love Belongs to Somebody Else' where we rotate knees, ankles, arms and wrists. 'There I've Said it Again' sees us knees-bending, fists-punching and arms doing a breast-stroke swim.

Using chairs or floor, 'Deep Purple' has us doing 'riding a bike' movements, exercising arms and legs. We then have 'Raindrops Keep Falling on my Head' where we crawl backwards and forwards.

After a little relaxation, we then dance 'At the Woodchoppers Ball' forming a circle curtseying, cradling, clapping and 'hornpiping'. 'As Time Goes By' we do arm-swinging, touching knees and swinging legs and finally 'By the Time I Get to Phoenix' we start massaging our own arms, legs, thighs, bottoms, tummies, breasts and shoulders.

We end the morning with ball exercises in two teams, then individual bouncing under and over our legs.

Maggie Payne has organised this group since 1987, thus improving the health and well-being of so many very grateful ladies - long may it continue!

Edna Oxley

## C51 People and Society

Thursday 10.00—noon

Course Leader: John Otley

I joined this class in September last year being the last member to be part of this very well-established and well-read group of people. Although the course description in the prospectus did say that it is 'based on individual contributions' I was rather surprised and perturbed that each person was expected to choose and present their own topic for discussion from a suggested list of topic titles, although I understand that members may provide a topic of their own choosing.

Topics so far have included such things as The Surveillance Society; Time; Efficacy of Propaganda; Pogroms; Chance Favours the Prepared Mind; Equality of Opportunity; Dreaming Dreams; Five Philosophers; Religion; Euthanasia; War is Good for Mankind and Conspiracy Theories. All of these seemed rather daunting subjects for my rather unsophisticated mind and I chose Poetry - making something out of nothing, or nothing out of something, which I barely managed to present. However, it will be my turn again to present another topic in the near future and having done this once, I'm hoping that my presentation skills may have improved.

Generally speaking I think this method of having a revolving chair, as it were, amongst class members is much better than the same person each week choosing the topic and presenting it him or herself as this provides for a much more varied range of ideas and personal interests.

Edna Oxley



## Coastival

C52: Drama & Performance  
Thursday am, 10.00-12, noon  
Course Leader: Lee Ure

This is the third year of running the weekly workshops and I plan each one carefully, with the main objective being, 'Having Fun'. As there have been numerous occasions when we have been absolutely helpless with laughter, I can safely say that box is definitely ticked!

We play drama games designed to get both halves of the brain working together and others that promote the development of focus, concentration and multi-tasking, some of which I have picked up from the RSC and professional workshops. We also learn basic skills of stage work and acting and I regularly incorporate opportunities for improvisation. The group call themselves *The Scrambled Heads* and have performed both devised and written work to extremely appreciative audiences.

I never cease to be impressed by the talents that my weekly ensemble display. They have risen to every challenge they have been given and their most recent achievement was handling, and providing the voice for, Hanuman The Monkey King in *The Song of the Leviathan*, performed in the Spa Suncourt over the Coastival weekend. The puppet itself was 12 metres long outstretched and took a team of 8 to manipulate it.



This photograph shows *The Scrambled Heads* in rehearsal at The Spa.

Lee Ure

Photo: Lee Ure

## Classic Cars

The U3A classic vehicle discussion group was limited to eight attendees, because it was intended to take place in a domestic lounge in the home of the course Leader. The meetings were also intended to be monthly, but the meetings started so well that the attendees chose to double it and meet fortnightly. After a few home-based meetings, we started meeting at other venues, including at the homes of attendees to view each other's vehicles. We also went on visits to other places with classic vehicle collections, such as Mathewson's Motor Garage (at Thornton-Le-Dale near Pickering) and Grundy Mack (now Classic & Sportscar Centre Ltd) at West Knapton near Malton.

At the time of writing, we have discussed meeting at the East Yorkshire Thoroughbred Car Club rally at Thornton Le Dale near Pickering and perhaps at the Flower of May collection at Leberston Cliff, near Scarborough.

**Adrian Hanwell**

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Hanuman, the Monkey King, (left) symbolised the force of good. The force of evil was Kotschei The Sorcerer, played by U3A Committee Member, Chris Gray, shown below.





## Cycling Group

Weekly, Friday mornings.

Course Leader: Malcolm Maloney

This is a picture of the Scarborough U3A Cycling Group on one of their regular ride outs on Friday mornings. Catering for cyclists of all abilities they hold a weekly ride on Friday mornings throughout the year.



The group started in September last year and has about 12 regular members who have been riding together for most of the winter months with few exceptions. They will of course continue to ride through the rest of the year. If you want to try cycling but are not sure why not try us out.

Contact Malcolm Maloney, group leader, for more details.

Iain Hale



Sue & Eddie  
Goodwin

Ready to take  
Hanuman into  
battle against the  
evil Kotschei

Photo: Lee Ure

## Walking Group

Fortnightly, Friday mornings

Course Leader: Chris Found

We usually meet on the corner of The Nag's Head, Scalby at 9.30 wrapped up to face the elements and challenges of the forthcoming walk. Chris is an extremely experienced walker and there have been very few occasions when he has felt the need to cancel an outing due to inclement weather.

I have enjoyed walking with this group for several years now and, although there have been some fabulous sights and experiences, I have to admit that the two major attractions for me are firstly, the convivial company and secondly, lunch at the end.



These photographs were taken in early February in The Wolds. We walked from Winteringham along the ridge (which was a pretty steep climb) to Potter Brompton along The Centenary Way. Lunch that day was as delightful as usual and we stopped at Sally Middlewood's on the A64 for it.



Lee Ure

Photos: Lee Ure



## From Zumba to Ceramics

I love my Zumba class on Wednesday mornings but always wanted to have a go at Ceramics so when Malcolm Maloney said at my U3A Art class that there were a few places left on ceramics I bravely decided to give it a try for one week. Then Shirley and Barbara from art also said they would like to try it so the next Wednesday instead of donning the Lycra I put on my painting shirt and headed to St. James undercroft with Shirley and Barbara. Well, that was early January and we're all still donning our painting outfits to pummel, role, mound and shape clay into "incredible" pieces of art. If you'd like to have a go at making a masterpiece contact Malcolm Maloney. Come and have some fun!



Suzanne Kirby

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### Planned New Groups From September

We are very fortunate in having a diverse and exciting range of new groups that are planned to appear in the Prospectus to be available from September onwards. The list currently includes:-

Keiran Lundy offering Beginners Italian and Modern Greek  
Vikki Heywood offering The Classical World - Ancient Greece and Rome  
Anna Howard & Liz Marples offering Food Allergies and Left Handed Crochet  
Brenda Barnet offering World War Two on the Home Front  
Hazel Kidd offering Oral History  
George McVeigh offering Medical Matters  
Lesley Young offering Health and Wellbeing  
Chris Gray offering Humour  
Carole Squires offering Astrology  
Chris Gray offering Walking with Dogs

I should be delighted to add further new groups to this list. If you have any ideas for new groups that would be prepared to offer, please contact me, Malcolm Maloney on 353584 or [malcolm\\_maloney@msn.com](mailto:malcolm_maloney@msn.com).

Malcolm Maloney  
Group Liaison Officer

## Stained Glass Crafting

Course Leader:  
Adrian Hanwell

Wednesdays  
Fortnightly  
2.00—4.00 pm



The U3A stained glass crafting class started well, with the maximum number of twelve attending and with a waiting list of four. Four did drop out, mainly because the lady participants were finding it difficult to cut glass. Two additional people also wanted to join, so the minimum number was increased to fourteen, in order to empty the waiting list.

During the first (Autumn 2015) term, the class firstly learned how to cut glass, then how to use copper foil and solder to make a small glass box. By doing this, attendees learned the same technique that Tiffany used to make his famous Tiffany lamp shades.

The Spring 2016 term was used to learn lead work techniques, the same techniques which are used to make and repair stained glass windows. Both of these systems can be used with coloured glass, which can be bought from stained glass suppliers. During the term, the attendees stated that they want to continue classes after the U3A term ends so (at the time of writing) the plan is to continue until the start of the school holidays, with attendees paying for the use of the room. The Autumn term programme will depend on the attendees. If there are lots of new starters, we will have to teach the basics again. If there is a good mixture, or few starters, then we hope to move on to staining, slumping and etching glass, if we can get the kiln to cool at the slow rate which is needed. New people can be taught the basics and with the camaraderie of the class being as it is, they can be helped by the more experienced classmates, whilst the class as a whole moves on to the new subjects.

Overall, the participants seem to enjoy the class as, although they take it seriously, there is a lot of merriment and laughter. This sometimes results from the unexpected appearance of first attempts!

Adrian Hanwell

## Report from the U3A Theatre Group, Autumn 2015

Five plays, one jazz band and a pantomime in the oldest working theatre outside London! What a season!

We started with Sir Alan Ayckbourn's thought-provoking new play, **Hero's Welcome**, which delighted and appalled us, as the tragic elements in the comedy were revealed. The incompatibility of the women and the men in the drama became apparent with awful consequences. We now know what could eventually happen to teen-aged thugs and 'Kiss-a-gram' girls.



**The Winter's Tale** is a hard play to bring off and one has to be convinced by the tragedy and pathos, and the joy and redemption at the end. Northern Broadsides once again thrilled us with change of pace, subtle moods and sheer fun and comedy of the music in the shearing party.

I thought **Beryl** was excellent. The three actors were superb and the use of the space, the set, the pedalling of static bikes and the use of video made a truly memorable and emotional tribute to this heroic Yorkshire sportswoman.

**Swinging at the Cotton Club** - a fabulous jazz ensemble conjuring up a nightclub atmosphere with an amazingly lithe mesmeric dancing troupe, who, with colourful costumes entertained us to the Black Bottom, the Charleston and the Soft Shoe Shuffle. And then with hugs and handshakes they said goodbye to us in the lobby. We went out into the night smiling and tapping our toes.

**A Christmas Carol** was a virtuoso performance by Clive Francis, speaking all the parts, using movement and body language, to bring Dickens's celebrated Christmas tale to life.

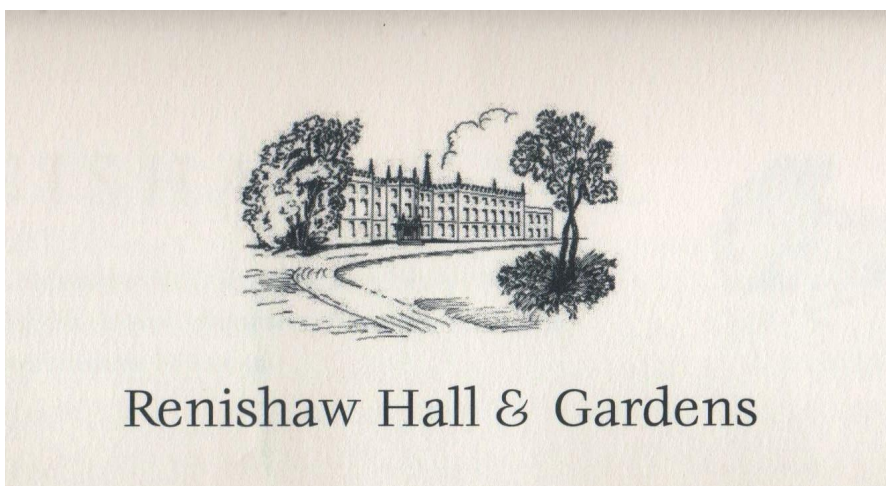
I found **Hansel and Gretel**, the theatre's family show for the Christmas holidays, a little disappointing. For me it never really worked, but if that was the only production I wasn't thrilled with, that's not a bad record, and the best was still to come.

The joy of visiting the exquisite Georgian Theatre in Richmond is surely worth the 2-hour journey, particularly near Christmas when there were real live reindeer to stroke at our coffee stop at Thirsk Garden Centre. However, we also had a 'seasonal' fall of snow which made the return journey take 4 hours! But the pantomime **Jack and the Beanstalk** was definitely worth the long day. The traditional delights of a ridiculously over-dressed dame, an over-large camel fluttering its seductive eyelashes (and its ability to 'pee' over young members in the delighted audience) and a truly terrifying giant were breathtaking. We could not have wished for more imaginative designs, such a creative director and team. Well done!



Lis Stenhouse

## Scarborough U3A Summer Outing



We will visit the lovely home of the Sitwells, famous for Italianate gardens, woodlands and a lake, laid out at the end of the 19th century by Sir George Sitwell. The tour of the hall is a 'must'; furniture, porcelain, portraits and, of course, the library which, we imagine, inspired the work of Edith, Osbert and Sacheverell. A museum in the courtyard tells more about the buildings and the remarkable Sitwell family.

Date: **Wednesday 29th June**

Cost: **£26**, which includes guided tour, gardens and coach,

Timing: 9.00am, leave Scarborough Railway Station,

9.10, pick-up at West Ayton Library,

10.45, coffee stop,

12.30, arrive Renishaw,

2.30, guided tour of the hall,

5.00, leave Renishaw, and arrive Scarborough at approx. 7pm.

I have not booked lunch. There is an excellent new restaurant and cafe in the stable courtyard, or, if you would prefer to picnic, the gardens are lovely.

If you would like to come, please fill in the slip below and send it with a cheque for £26 per person made payable to **U3A Social and Holiday Account**, to me, Lis Stenhouse, 2 Jersey Court, IRTON, Scarborough, YO12 4RT.

if you need to contact me.....phone 862843.....e-mail [e.m.stenhouse@gmail.com](mailto:e.m.stenhouse@gmail.com)

U3A visit to Renishaw

Name(s).....

Address.....

Phone No or e-mail.....



## DON'T LOSE TOUCH THIS SUMMER – COME FOR COFFEE

Again we will be hosting monthly during the summer **Monday Coffee Mornings**.

We had a very good response last year and raised £354 for the U3A. It is amazing what having a bit of a chat, laughter, good fun and keeping in contact with our friends can do for both ourselves and also U3A funds. **Don't miss out** Brenda Barnett will again be making her scrumptious cakes so come along and have a taste.

Last year there were many generous donations of plants, homemade jams/honey, pickles/preserves, cakes/buns, together with magazines and cd/dvds.



Let us in this second year see if we can raise more money.

We would like to see if we can have one table with home-made jams/honey, pickles/preserves, cakes and buns and a second table with handicrafts, magazines, cd/dvds and any unwanted Christmas gifts that you would like to donate for sale. All monies to go to the U3A

On entry a donation £2 to cover tea/coffee and biscuits, these are supplied by the person holding the coffee morning at their own cost so all money goes to the U3A.

### 2016 dates

**25<sup>th</sup> April** with Bill and Jenny Lythgoe, Tel 379889, 10-12 noon,  
19 High Mill Drive, Scarborough YO12 6RN

**22<sup>nd</sup> May** with Iain Hale and Sue Petyt, Tel 864111, 10-12 noon,  
5 Kingfisher Close, Scarborough YO12 4TZ

**27<sup>th</sup> June** with Doreen Gridley, Tel 365023, 10-12 noon,  
21 Hackness Road, Scarborough YO12 5SD

**25<sup>th</sup> July** with Sheila Edwards, Tel 375627, 10-12 noon,  
10 Park Street, Scarborough YO12 4AQ

**5<sup>th</sup> September** with Malcolm and Ann Maloney, Tel 353584, 10-12 noon,  
52 Holbeck Avenue, Scarborough YO11 2XQ

Please bring friends with you even if they are not U3A members. They will be made very welcome. So that we know how many to cater for it would be helpful before each event if you could telephone the applicable person. Brenda Barnett, Tel 363668, is more than happy to take your call and help with directions should you have difficulty in contacting any of the above.

If you forget to telephone just come any way you will be made most welcome.  
We are looking forward to seeing you all

Ring Jenny Lythgoe any time to enquire for directions.

## Dates for your Diary

Art & Craft Exhibition  
**Monday, March 21st**

Spring term ends:  
**Friday, March 25th**

**AGM**  
**Monday, April 11th**

New Term Starts:  
**Monday, September 26th**



Scarborough U3A Singers are going back to their youth for the next concert

They will be performing excerpts from the teenage musical "Grease", selections from the family film "The Lion King" and selections of songs by ABBA from "Mama Mia"

## Social Activities Sub-Committee

Following the request for a small group to organise regular social activities, the following members have volunteered:

Hilary Ascott  
Brenda Barnett  
Raymond Clarke  
Ann Vicars

They will be meeting in the near future, chaired by our Treasurer, Stephen Cheshire.

If you have any ideas for activities that you would like to be considered, please contact one of the above.

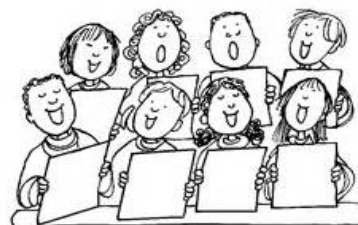


All in aid of our usual charity WaterAid

**Saturday 19th March**

**7.30pm at St. Mary's Parish House,  
Aldborough St.**

**Admission £5 with light refreshments**



## *Note from the Editor \**

**The Scarborough U3A Website is at:  
[www.scarboroughu3a.co.uk](http://www.scarboroughu3a.co.uk)**

Thank you to all contributors to this newsletter and hopefully we will continue to attract members to share their news with others.

There are plenty of new courses, as well as the established ones, that we would like to hear about and I look forward to hearing from you in the future so that we can all share your news and experiences, with some photographs if possible.

**This newsletter is for you so let's make use of it!**

You will find details of my email and home address on the front page.

B M Wilkins, U3A Newsletter Editor.

\* Due to illness, Lee Ure has completed this newsletter.